



The Total Family Support Project

Working with Schools and Families to break down barriers to learning



Family Support

This intervention is aimed at tier 3/4 families. This is a 1:1 therapeutic intervention that supports children and their families either within the home, schools or children centres. Malachi fosters an intervention which centres on forming positive relationships with parents and/or carers to help raise their awareness of their children's needs, their barriers to bonding effectively with their children and the impact this has on their family relationships and children's general well being. During this process Malachi seeks to offer families empathy and not judgment or condemnation. It looks to support families to become empowered to make positive, independent decisions for the benefit of their children and family as a whole.

Outcomes for child/parents

Improve and measure

Parents

- Relationship with child/children
- Relationships with significant others
- Understanding of their child's needs
- Family stability
- Self esteem
- Any other target they wish to work on

Child

- Relationships with their family
- General feelings
- Attitude to learning/school
- Behaviour
- Friendships
- Any other target they wish to work on

Outcomes for schools

Improve and measure

- Attendance and attainment
- Social Skills
- Behaviour
- Emotional wellbeing
- Attitude to learning
- Relationships between school/parents
- Build resilience

Issue Based Projects

Project teacher works with a year group for a **whole term** on one of Malachi's unique issue based musical projects. The projects use music, drama, dance and discussion to explore issues such as - values, sibling rivalry, family breakdown, relationships, bullying and many more. The project culminates with a performance for their families and friends.

Outcomes

Improve and measure

- Friendships
- Family
- School
- Behaviour
- Overall feelings

At the end of the project we also measure if the children perceive themselves to have an improved ability to talk to their family and friends about their feelings. Your teacher will be asked to complete an evaluation form where we measure what they feel the children have benefited from by doing the project. They also get an opportunity to refer to 1:1 support if the school/children centre has 1:1 in their school.



Parent Group

Malachi parent group aims to raise awareness through exploring issues around bonding and attachment in their own parent to child relationships. This is to enhance their understanding of how to meet their children's needs, thus breaking the cycle in families. This course brings the wider community together, providing a safe and confidential environment, for parents to share their experiences, gaining strength, reassurance, confidence and self esteem. This therapeutic course runs for 12 weeks.

Outcomes for parents

Improve and measure

- Relationship with child/children
- Relationships with significant others
- Understanding of their child's needs
- Family stability
- Self esteem
- Any other target they wish to work on

Saturday Clubs/ Out of Schools Activities

Malachi will provide drama and dance activities which will be run on a weekly basis out of school hours. This can either be on a Saturday or a week night of the academic year training young people aged 8-16 years. The group will work towards two drama performances a year – one in a professional theatre venue and one in a local area venue in the community.

Outcomes

Improve and measure

- Learn artistic skills
- New life skills which will build confidence and help them in every day life.
- Also experiencing the opportunity to perform in a professional theatre will improve their self esteem, communication skills, team building skills and confidence which in turn will improve young people's quality of life as they are growing up.

Sustainability

After the year long activity has finished there will be a chance for parents to form a committee. This would be a parent led not for profit organisation that would sustain the group and fundraise independently.

Residential for Families and Young People

The parents and young people will participate in activities and workshops over a 3 day period. They will stay in accommodation in a countryside setting which will encourage the families to develop a stronger family unit away from the pressures of everyday life.

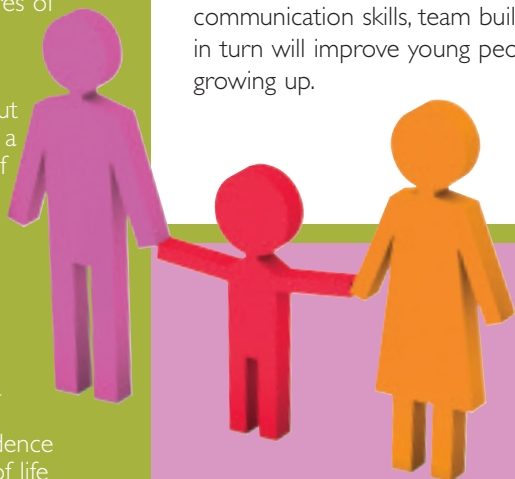
Drama Project

Licensing cost to perform one of our musicals without Malachi doing a full issue based project, we can offer a 12 drama and dance sessions resulting into an end of term performance with full technical support.

Outcomes

Improve and measure

- Learn artistic skills
- New life skills which will build confidence and help them in every day life.
- Also experiencing the opportunity to perform in a professional theatre will improve their self esteem, communication skills, team building skills and confidence which in turn will improve young people's quality of life as they are growing up.



Joint Schools Performance Secondary School Package

Malachi will base themselves within your school for a **whole term** & begin by working with young people on issue based assignments in after school workshops. These young people will be supported to participate by group work, circle time, drama, dance & singing.

We will bring young people from local primary schools together to form a joint schools choir. Each primary school can bring up to 30 students who are making the transition from primary to secondary school. Secondary School students will deliver a drama performance that examines a number of issues faced by young people in your area such as knife crime, gang culture, domestic violence, peer pressure & family breakdown. The choir will perfect & perform a number of inspirational, soul searching & value driven lyrics. The end result being bringing all parties together to perform in an arts venue in front of friends, families & the local community. This project will build bridges between young people & the local community & help them build coping strategies.

Outcomes

Improve and measure

- Learn artistic skills
- New life skills which will build confidence and help them in every day life.
- Also experiencing the opportunity to perform in a professional theatre will improve their self esteem, communication skills, team building skills and confidence which in turn will improve young people's quality of life as they are growing up.

MaDD Experience

Malachi arts Drama Dance Experience is an intensive one/two week programme that gives young people an opportunity to train and perform. They will achieve this under the guidance of our Director, Musical Director & Choreographer or behind the scenes with our own technicians. Young People will perform one of Malachi's six musicals at the end of the week.

- Learn artistic skills
- New life skills which will build confidence and help them in every day life.
- Also experiencing the opportunity to perform in a professional theatre will improve their self esteem, communication skills, team building skills and confidence which in turn will improve young people's quality of life as they are growing up.

Workshops

Each workshop can hold up to 16 young people. The theme of the workshops can be unique to the needs of the group. Examples of workshop topics could be Affirmation, Building Self Esteem, Team Building etc. The content will include - drama, dance and music. Each workshop will last for 2 hours and will conclude with a small presentation of what the young people have learned.

Contact us

Malachi Specialist Family Support Services C.I.C,
c/o Perry Common School,
Hastings Road, Kingstanding B23 5AJ
Tel: 0121 464 6426 Fax: 0121 675 0316

www.malachi.org.uk

MALACHI



Specialist Family Support
Services C.I.C