

Parents' Network

eBulletin for parents in Solihull

November 2017

This eBulletin contains important information for parents. There is a separate section with items for parents who have a child with additional needs or a disability.

Protect yourself against flu

Solihull Council is urging those eligible for a free flu jab to make sure they get the vaccination before winter arrives.

Those eligible for the free vaccination include anyone aged 65 and over, those with an underlying health condition or weakened immune system, pregnant women and anyone who is the main carer for an older or disabled person.

Children aged 2 – 3 will be given the vaccination at their GP by their practice nurse. Children in reception and school years 1 – 4, will be offered the flu vaccination in school. For most children, the vaccine will be given as a spray in each nostril which is a very quick and painless procedure.

[Click here for more information](#)

Family Plus sessions

Family Plus sessions are free information sessions taking place at venues across Solihull. They are a friendly and welcoming place for parents and carers with children aged under 5 to get support on a range of topics.

You can access support including Managing Behaviour, Speech and Language, Sleep and Routines, Parenting, Free childcare for 2, 3 and 4 year olds, Toilet Training, Baby Brain Development, Weaning, Access to Health Services and more.

[Click here for more information](#)

For free, friendly and impartial information contact the Family Information Service.

Call: 0800 389 8667 Email: familyinfo@solihull.gov.uk

Visit: www.solihull.gov.uk/familyinfo

Free Sports First Aid Course

A Free Sports First Aid Course is available for young people aged 16-25 or for adults who volunteer or coach with sports clubs delivering sessions to 16-25 year olds. The training aims to increase participation in sports, to help volunteers and coaches learn new skills and to support your people to access training, learning and development.

The sports first aid training course will give you all the necessary first aid skills to deal with a wide range of sporting incidents. It will help you to know how to deal with the type of injuries and medical emergencies that can happen during sporting activities. You will learn the role of the sports first aider as well as how to manage an emergency, communication skills, casualty care skills, about the primary survey, about bleeding, about resuscitation (adult and child CPR), about bone, muscle and joint injuries, about shock and how to manage an unresponsive casualty.

The course will take place over 2 evening sessions in March 2018. Participants must meet the set eligibility criteria and booking is essential.

[Click here for more information and to find out how to book a place](#)

Fireworks displays and bonfire displays

Solihull Round Table Fireworks and Bonfire night

Tudor Grange Park, Solihull, B91 3LU on Saturday 4 November 2017.

- Gates open 5.30pm
- Bonfire lit at 6.30pm
- Fireworks currently set to start at 7.30pm (Please check before attending)

This popular charity fundraising event, run by Solihull Round Table, has achieved increasing success over the past few years. It relies on public support to raise money for local charities, so why not come along to enjoy the new bonfire, fireworks display and funfair while helping to raise money for a good cause? This is a family orientated event with entertainment to suit visitors of all ages.

This year the event will be charged to ensure safe numbers and to operate the event in a sustainable way for the future. Advance tickets from £3 up to £7 for tickets purchased after 31st October (Transaction charge also applies). For more information and to book tickets visit the website <http://www.solihull.roundtablefireworks.co.uk/>

Fireworks Night at the Bull's Head

7 Limekiln Lane, Earlswood, B94 6BU on Friday 3rd November 2017

- Event opens at 6.30pm
- Fireworks currently set to start at around 8.30pm (Please check before attending)

Fireworks, live music, BBQ, food, hot drinks, sweet stalls, games and local crafts

Entry is free for the whole family

For free, friendly and impartial information contact the Family Information Service.

Call: **0800 389 8667** Email: familyinfo@solihull.gov.uk

Visit: www.solihull.gov.uk/familyinfo



Hogarth's Hotel Family Fireworks

Four Ashes Road, Dorridge, Solihull B93 8QE on Friday 3rd November 2017

- Event opens at 5pm
- Fireworks currently set to start at 730pm (Please check before attending)
- Event closes at 9pm

Join in the family garden party featuring a spectacular fireworks display, food hut, drink stalls and live music.

Entry is £5 per person (Under 2s free of charge) which will go to local charity Help Harry Help Others. Pay on the door.

Chelmsley Wood Town Council Annual Fireworks Display

The playing field behind the Town Council Offices at the junction of Helmswood Drive and Berwicks Lane on Saturday 4th November 2017

- Gates open at 6pm
- Fireworks currently set to start at 7pm (Please check before attending)

Admission is free but donations to this year's charities (Dementia UK and Global Make Some Noise) will be gratefully received.

Wythall Community Association Bonfire and Fireworks

Wythall Park, Silver Street, Wythall on Saturday 4th November 2017

- Gates open at 6pm
- Bonfire to be lit at 630pm
- First firework display currently set to start at 730pm (Please check before attending)
- Second firework display currently set to start at 830pm (Please check before attending)

Admission at the gate costs £7.50 for adults and children aged 11 and over (Children aged 10 and below are free)

Discounted tickets can be purchased up until 3rd November for £6 each from Wythall House, M P Honnor Butchers, Hollywood Fish Bar or Lewis Butchers.

For free, friendly and impartial information contact the Family Information Service.

Call: **0800 389 8667** Email: **familyinfo@solihull.gov.uk**

Visit: **www.solihull.gov.uk/familyinfo**



Family Information Service web pages

Our web pages have lots of useful information for parents and carers all in one place. There's a wide range of helpful topics including childcare, child safety and bullying, children with additional needs, children's centres, education, employment and volunteering, family relationships, money and housing, parenting support and things to do.

You can also find out about local and national services and get information specific to the age of your child. Visit our website at www.solihull.gov.uk/familyinfo or for information around services for children and young people with additional needs and/or disabilities please visit our local offer website <http://socialsolihull.org.uk/localoffer/>

Opt in/out of Parents' Network

If you know someone who would like to join the Parents' Network, ask them to email their details to parentsnetwork@solihull.gov.uk or visit www.solihull.gov.uk/parentsnetwork

To opt out of the Parents' Network email: parentsnetwork@solihull.gov.uk

This section of the eBulletin is for parents who have a child with additional needs or a disability.

Birth to Five: Free information workshop Programme

Contact a Family are running 4 workshops for parents of children aged 0-5 with additional needs to get information and support on a range of topics. All sessions will take place at Coronation Youth Centre in Solihull from 10am-12pm.

- Friday 3rd November – Accessing Support and Information
- Friday 10th November – Encouraging Positive Behaviour
- Friday 17th November – Building Parental Confidence
- Friday 24th November – Money Matters

Parents and carers will be welcome to attend all of the sessions or just those of interest. The sessions are very welcoming but you are also welcome to bring someone with you for support if you would prefer.

Booking a place on any of the workshops is essential

Free crèche facility available but booking a place for your child at the crèche in advance is essential.

[Click here for more information and to find out how to book a place](#)

For free, friendly and impartial information contact the Family Information Service.
Call: **0800 389 8667** Email: familyinfo@solihull.gov.uk
Visit: www.solihull.gov.uk/familyinfo



Autistica Talks

Autistica are offering two free talks which may be of interest to parents and carers of children and young people with Autism.

You are invited to join Deutsche Bank and leading autism research charity, Autistica for a series of exploratory talks into the diverse mind. You will hear from senior researchers, neurodiverse individuals and businesses who are leading the way in representing and championing neurodiversity.

- **‘Closing the gap: Autism and Employment’**

15th November 2017 6pm-8pm at Deutsche Bank, 5 Brindley Place, Birmingham, B1 2BL

In conjunction with Deutsche Bank, Autistica has run a programme of internships for autistic young graduates. Hear from one of the managers, an intern and Autistica's CEO about the impact the employment scheme has had on everyone involved. They will discuss what other employers can do to make their workplace more inclusive.

- **‘The Next Big Step: What the future holds’**

16th November 2017 6pm-8pm at Deutsche Bank, 5 Brinley Place, Birmingham, B1 2BL

Join researcher Amanda Roestorf and Professor Mark Brosnan and take a look at what research is on the horizon to help autistic people throughout their life from childhood right through to old age. How can we personalise support better? Does technology hold some of the answers?

[Click here for more information and to book a place](#)

Autism West Midlands Siblings Workshops

Autism West Midlands are offering a 2 day workshop for siblings of children with autism.

The workshop is suitable for children aged 7-11 help to increase their confidence, enjoy fun games and activities and get a better understanding of autism. The workshop also aims to help children meet others who understand what it is like to have a brother or sister with autism, get a better understanding of autism, understand and feel positive about their role within the family.

The workshops will take place on Monday 19th February 2017 and Tuesday 20th February 2017 from 10am-2pm. They will take place at Coleshill Heath Hub at Coleshill Heath Primary School.

The cost will be £10 per child and booking is essential.

[Click here for more information and to book a place](#)

For free, friendly and impartial information contact the Family Information Service.

Call: **0800 389 8667** Email: **familyinfo@solihull.gov.uk**

Visit: **www.solihull.gov.uk/familyinfo**



Free Independent Travel Training for 15-29 year olds who are Not in Education, Employment or Training (NEET) who reside in Solihull or Birmingham

The Independent Travel Training Service provides 1:1 travel training for young people to help them to travel independently. Training covers many practical topics such as how to use public transport, road and personal safety and becoming familiar with a route using landmarks.

During an initial meeting with the young person and their parent/carer we look at what they want to achieve and where they want travel to. The Travel Trainer will look at any worries or concerns they may have and we will risk assess the safest and best route for their travel. The Travel Trainer will travel with the young person to help them to build their knowledge, confidence and independence. This service has successfully trained many young people who have overcome their fear and anxiety around travelling independently. As a result they have gone on to college, work placements and employment. Trainees can also be referred to the Employment and Skills Team within the council for further support.

The training is open to all young people regardless of their experience of travelling. Travel Trainers have worked with those who have no experience at all and others who just need a little guidance and support. By learning the skills to use public transport, trainees can open up a huge amount of opportunities for themselves, allowing them to access the wider community for work and leisure.

[Click here for more information and to make a referral](#)

If you would prefer to speak to a member of the team please contact us on 0121 704 8069

Safe Space and North Solihull Additional Needs Group Christmas Parties

Safe Space and North Solihull Additional Needs Group would like to invite you their Christmas Parties.

Adults Party

Saturday 2nd December 7pm until late at Banbury Club.

There will be a DJ, buffet, raffle and Christmas fun. The party for adults costs £10 per ticket and the money raised will help to fund the children's party and future events.

[Click here for more information](#)

Childrens Party

Thursday 21st December 11am-2pm at Kingshurst Evangelical Church.

There will be a party room with bouncy castle, crafts and food. Santa and Mrs Santa will be at the event but in a separate room to ensure that children who may not cope with the stimulating party environment can enjoy meeting Santa in a safe and quiet space. Tickets for the children's party cost £2 per ticket (Includes meeting Santa and receiving a gift) and there will be a small charge for activities.

[Click here for more information](#)

For free, friendly and impartial information contact the Family Information Service.

Call: **0800 389 8667** Email: familyinfo@solihull.gov.uk

Visit: www.solihull.gov.uk/familyinfo

