

Meriden C of E Primary School
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Headteacher: Mrs Lucy Anderton



05 November 2018

Dear Parents/Carers

As part of our ongoing education concerning Mental Health, I will be co-delivering a programme of work called 'Be Confident' this half term.

Be Confident was created by ENGAGE and uses games as a way of delivering information to promote confidence in children.

Year 6 will participate in these sessions, taking place for an hour on a Tuesday afternoon for 6 weeks.

If you would like any further information, please do not hesitate to contact me.

Kind Regards

Sarah Parker
Child & Family Support Worker
Meriden CE Primary School

Friends, Faith and Lifelong Learning

